



## AMERICAN LEGION POST 295 VIETNAM VETERANS MEMORIAL



### Post Calendar

#### APRIL 12 ~ 7 PM

POST MEETING

Mont Village Golf Club ~ Grill Room  
(around back, downstairs)

**APRIL 21 ~ 5 PM** 1st Annual  
Montgomery County Fundraiser  
AL Post 86 ~ By ticket below

#### MAY 5 ~ 5 PM

So MD Reception for Department  
Officers  
American Legion Post 206  
Chesapeake Beach MD  
~ By ticket below

#### MAY 6 ~ 1 PM

So MD District Meeting  
American Legion Post 171  
Damascus, MD

#### MAY 10 ~ 7 PM

POST MEETING  
Mont Village Golf Club ~ Grill Room  
(around back, downstairs)

#### JUNE 2 ~ 5 PM

**SMD Reception for District  
Commander Bob Ouellette  
American Legion Post 82  
La Plata, MD**

Greetings Legion family,

This spring break week ends with Passover and Easter, I hope everyone who has school age kids is enjoyed a nice week.

I would like to thank those who called or wrote in support of House Bills in Maryland. It only took 3 minutes to voice our support.

We have 4 requests for Boys State. At \$300 a boy that is \$1200. For Post 295 to send these outstanding students to Boys State we need donations. Consider sponsoring a boy or making a donation to the program.

*Bob Ouellette, Commander*

### Post 295 Elections

It is that time of year again, that we elect our Post officers.

Officers for the Post, Sons of the American Legion and American Legion Riders are being elected.

Election is April 12th.

Officers should complete the American Legion Extension Institute as outlined below.

**American Legion Extension Institute  
now available online**



Read more on  
[AmLegionPost295.org](http://AmLegionPost295.org)

[POST COMMANDER's BLOG](#)

[DATELINE \(NEWS\)](#)

[LEGISLATIVE UPDATE](#)

Like us on [Facebook](#) 

## Send a Boy to Boys State

*DEADLINE 31 April (Final day June 1)*

American Legion Boys State is among the most respected and selective educational programs of government instruction for high school students. It is a participatory program where each participant becomes a part of the operation of his local, county and state government. The training is objective and practical with city, county and state governments operated by the students elected to the various offices.

Activities include legislative sessions, court proceedings, law enforcement presentations, assemblies, bands, chorus and recreational programs. High school juniors are selected by local

The American Legion's official training program for officers, members, Legion College applicants and those who simply want to expand their knowledge of the nation's largest veterans service organization is now available online.

The American Legion Extension Institute has been rewritten, updated, streamlined and enhanced with videos, digital photos, clickable links, a historical timeline and additional features. To register and take the course, visit [www.legion.org/alei](http://www.legion.org/alei). The program is designed to take less than two hours to complete. It is divided into six sections, with a quiz at the end of each, followed by a final exam.

The sections closely follow the Four Pillars of service for the organization. They include:

- History & Organization
- Veterans Affairs & Rehabilitation
- National Security
- Americanism
- Children & Youth

Upon completion, a participant must pass a final online exam to receive a digital certificate of recognition; a lapel/cap pin will also be delivered to those who successfully complete the course. The names of those who have passed will be recorded and indexed at The American Legion National Headquarters. Graduates will have the option to click a box upon completion to recognize their accomplishment on The American Legion national website at [www.legion.org](http://www.legion.org).

The online course is \$4.95 for members of The American Legion and Sons of The American Legion. The registration fee is \$9.95 for non-members. Payment can be accepted securely and conveniently on the course registration page. The American Legion Extension Institute online training program replaces the series of printed booklets that had been printed and sold through National Headquarters.

### Start Training Now



### **Paid-Up-For-Life**

Members who enroll in the Paid Up For Life program become, as the name implies, American Legion members for life. Through PUFL, Legionnaires pay a one-time fee to gain lifetime membership in the Legion. To enroll, Legionnaires must be in good standing and must have held a valid membership card for the current year. Post adjutants certify members' good standing before forwarding PUFL applications.

American Legion posts to attend the program.

The cost is \$300 and the expense is paid by the sponsoring American Legion post. American Legion Post 295 needs donations to ensure we can send everyone to Boys State this year. Either, send a Boy or make a donation toward sending a Boy to Boys State, either way we need your help.

Sponsor a Boy

[Make A Donation](#)

Help send a Boy

[Make A Donation](#)

[Read More](#)

## Maryland Department of Veterans Affairs Job Postings

Thursday is Jobs for Maryland Veterans Day! When MDVA receives notices from employers who are interested in hiring veterans, these notices will be posted in a weekly Job Board email. Please do not contact MDVA regarding any of the listed opportunities. Employers should be contacted directly.

**These are the postings for April 5th.**

**Valet Parkers and Shuttle Drivers needed Towne Park the exclusive transportation and valet service partner for the new Maryland Live Casino is looking to hire 100 valet parkers and shuttle drivers. Towne Park, the exclusive transportation and**

PUFL is not a discounted membership and was only established for convenience. Enrollment costs are based on two factors: applicants' age and the current annual dues of the post the applicant wishes to join. Total post dues include the department and national per capita, plus a portion retained by the post. PUFL membership fees are non-refundable.

Applications for PUFL membership must be completed and submitted to the post adjutant or finance officer. Payment should accompany the application, which the post reviews and endorses, then forwards to department headquarters. From there, the application is sent to national headquarters for final processing. Additionally, an option has been added to give the member the opportunity for automatic monthly credit card billing.

Members may still pay the full amount at the time of application. To calculate the total cost of a PUFL membership, the member (or post officer) will need to find the monthly payment on the rate chart and multiply it by 36. Please note: The total fee must be entered on the front of the application, regardless of whether the member is paying in full or choosing the Time Payment Plan. Each PUFL member receives a permanent plastic card, as well as an annual paper card to verify continuing membership in The American Legion. The annual card is mailed in June or July of each year. Upon request, a replacement card can be provided at no charge.

All PUFLs are processed through the Post Adjutant. Print and mail to American Legion Post 295, PO Box 690, Germantown, MD 20875.

Examples: A Legionnaire who is 50-54 would pay \$914 to be a Paid-Up-For-Life member.

A Legionnaire who is 65-69 would pay \$662.4 to be a Paid-Up-For-Life member.

[Read More](#)



## Watch 75th Oratorical finals live

The American Legion's 75th High School Oratorical Scholarship Program, "A Constitutional Speech Contest," will convene in Indianapolis, April 14-15, at the University Place Conference Center and Hotel. Once again, the championship finals on April 15 at 10:00 a.m. (EDT) will be streamed live via [www.legion.org](http://www.legion.org). Watch the top three semifinal winners compete for a chance to be the Legion's 75th Oratorical champion.

[Watch Here](#)

valet service partner for the new Maryland Live Casino is looking to hire about 100 valet parkers and shuttle drivers.  
 Hiring Event:  
 Towne Park Career Fair -  
 Friday, April 13th  
 BWI Airport Marriott  
 1743 West Nursery Road in  
 Linthicum  
 9:00 a.m. - 5:00 p.m.  
 Visit [www.TownePark.com](http://www.TownePark.com) to apply prior to attending the hiring event.

### Veterans Career Prep Workshop

Thursday, April 19, 2012  
 9:00 am - 3:00 pm  
 RSVP by April 18th to  
[veterans@eseal.org](mailto:veterans@eseal.org) or  
 301.920.9715  
 Easter Seals  
 1420 Spring Street  
 Silver Spring, MD 20910  
 Veterans Career Prep  
 Workshop

### Grand Rental Events - Event Setup Jobs

Crew member to crew chief, assistant warehouse manager to event setup surveyor & sales associate. Send resumes to:  
[robyn@grandrentalevents.com](mailto:robyn@grandrentalevents.com)  
 Grand Rental Events

### HVAC Training - Truck Ready

#### Tech Positions

No experience required.  
 Complete paid training. No resume needed. Take the assessment test at:  
[www.qhire.net/hvac](http://www.qhire.net/hvac)

## As Military Members we all participated in field exercises. For you and your family ....

### You really need to know about Lyme?

- Lyme Disease has been reported in ALL 50 states... 25% of the cases are children.
- Some people with chronic lyme are as disables as people with congestive heart failure, and as much pain as post surgery patients.
- The tests most doctors rely on miss 44 of every 100 patients - not much better than a coin toss.
- The average patient sees 5 doctors over nearly 2 years before being diagnosed - and 40% end up with longterm health problems.
- Ticks are tiny and thier bite is painless, so many people don't notice them.



### Early Lyme

Early in the infection, many people experience a flu-like illness that may clear up without treatment. Some people get a rash around the site of the tick bite. Most of the time the rash is an ordinary red area, however if it is a bull's-eye shape with a darker edge, it is a definite sign of Lyme disease and needs immediate treatment. Unfortunately this distinctive rash is uncommon.

To view Adult Lyme Symptoms, [click here](#).

To view Children's Lyme Symptoms, [click here](#).

The Lyme rash starts a few days or even several weeks after the bite and then expands over a period of days to several inches across, perhaps with a central clearing. Untreated, it can last for weeks before fading, or it may fade and recur. The rash may have an irregular shape, blisters or a scabby appearance. Some rashes have a bruise-like appearance. Lyme rashes can mimic spider bite, ringworm, or cellulitis. Multiple, so-called "satellite" rashes may appear on different parts of the body. If you develop a

## HVAC Jobs Training

### Diesel Mechanic & Sr. Diesel Mechanic

Waste Management,  
Baltimore, MD

Diesel Mechanic - 1+ years

SOLID diesel repair experience, 2+ years of experience is preferred, must have basic tools.

Sr. Diesel Mechanic - 3+ years SOLID diesel repair experience, 4 years, supervisory experience & proven leadership ability preferred.

Apply online

[www.wastemanagement.jobs](http://www.wastemanagement.jobs)

## IBM Global Business Services Invitational Hiring Event

Thursday, April 19th, 10:00 a.m. - 4:00 p.m.  
Arlington, VA

This is an invitational event, so job seekers must apply by pre-registering, and IBM will contact you directly to schedule an interview.

### IEC - Chesapeake Applicant Registration Service

The IEC-Chesapeake Applicant Registration Service is not an employer - it is a conduit through which questionnaires (data on experience, skills, training) are completed by prospective applicants at the

rash, take a photo of it and see a doctor as soon as possible.

Your doctor may want you to have a blood test to confirm that the rash is actually a Lyme rash. People with early Lyme disease do not develop the antibodies necessary for the diagnostic

tests for several weeks, and, early testing can give false negative results because of this. Although all medical treatment has some risk, treatment with antibiotics is relatively safe. Waiting for test results gives the spirochetes additional time to invade your body. Your doctor should explain the risks so you can make an informed choice.



### Chronic Lyme

If Lyme disease is not diagnosed and treated early, the Lyme spirochetes can spread and may go into hiding in your body. Weeks, months or even years later you may have problems with your brain and nervous system, muscles and joints, heart and circulation, digestion, reproductive system, and skin. Symptoms may disappear even without treatment and different symptoms may appear at different times.

To view Common neurologic symptoms, [click here](#)

### ON TV THIS WEEK

The Dr. Phil Show will look at the issue of chronic Lyme disease in a program scheduled to air on April 13.

Among the guests are Lyme survivor TV weathercaster Brooke Landau, two additional Lyme patients, LLMD Dr. Chitra Bhakti, and a representative of the IDSA.

See Dr. Phil's website for more info.

<http://www.drphil.com/shows/>

[Read More](#) at [LymeDisease.org](http://LymeDisease.org)

IEC Chesapeake Odenton facility, entered into the ARS database by IEC Chesapeake, and then made available for review by all IEC Chesapeake contractor members  
ARS Brochure

American Legion Post 295, Vietnam Veterans Memorial / PO Box 690 / Germantown, Maryland 20875 / 2405054660

**\$25**

FILL OUR TABLE at the

Southern Maryland District Reception  
for



**DISTRICT COMMANDER BOB OUELLETTE**

*Saturday, June 2, 2012*



Hosted by: Harry White Wilmer Post 82  
6330 N. Crain Hwy, La Plata, MD 20646  
301/934-8221

[www.alpost82.org](http://www.alpost82.org)

Purchase your ticket here.

**Offer Expires: Purchase by May 20th**

**\$25**

*First Annual Benefit Concert and Dinner Buffet*

*Saturday, April 21, 2012*



Music and Dancing by: The Second Wind Bandits - 7pm to ?  
Hosted by: American Legion Post 86 2012 Viers Mill Road Rockville MD 301-424-4486

*Tickets \$25.00 in advance or \$30 at the door*

Dinner includes: Roasted Chicken with gravy, Beef Tenderloin, Baked Ziti, Garden Salad, Vegetable Medley, Roasted Potatoes, Assorted Rolls with Desserts, Coffee and Tea.

Proceeds Benefit: The Montgomery County Council Sponsored Programs representing, Post 41, 86, 104, 105, 171, 247, 268 and **295**

Purchase your ticket here. Tickets will be mailed or may be picked up at "Will Call"

**\$25**

Southern Maryland District Reception  
for  
**Department Commander Melvin Smullen**  
Saturday, May 5, 2012



Hosted by: Stallings-Williams Post 206  
3330 Chesapeake Beach RD East, Chesapeake Beach, MD 20732-0428  
301/855-6466  
[WWW.ALPOST206.ORG](http://WWW.ALPOST206.ORG)

Purchase your ticket here.

**Offer Expires: Purchase by April 20th**

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